

Teachings by Murielle

Self-Healing Through A Better Understanding Of The Physical Creation

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Murielle

Aware of the deeper levels of existence since her birth, Murielle has been perfecting her teachings through her own life experiences, healing herself from the inside out, guided from within toward the betterment of each person, ...by teaching, touching, helping, healing everyone that enters her life through her Love & Light that can be called Unconditional...



Surrendering Prayer....

Through my downward path into entering the physical body vehicle, I have travelled through the multiple frequency levels that make up this physical dimension, from which I received, once attuned to each, the awareness and the knowledge found from each layer, similarly to receiving the waves being sent to each station on your radio.

I have gathered that understanding in order to one day be able to help others who are unable yet to be aware of their inner life, as everything in Source is perfect timing. So while others were busy having their outer life, I was busy having my inner life. The only difference I understood later on, was that my awareness or perspective was coming from the inside out, and not from the outside in.

As I became more and more grounded into this physical body that I was to reside in, I encountered an awareness that brought some resistance against my descent into this physical reality. I soon realized that this physical vehicle came with its own separate consciousness, identity & personality that I now know to be the human self, which was not aligned yet with my inner descent path into this level.

It was like I hit a thick, dark wall of fear, as all I knew before was Love & Light. I then had to learn to slowly merge both realities of my True Self with this human self, by healing and dissolving each fear until the gap or separation that these fears created was no longer existing, and Oneness could then begin to be experienced, at last.

Eventually my unique path experiences became called my “Teachings by Murielle: Self-Healing Through A Better Understanding Of The Physical Creation”. Being a Spiritual Teacher, I teach to others on the outside of me what I have taught to my own human self, all of the knowledge that I have received and gathered from within, like the pieces of a puzzle, enlightening my understanding as to why this physical reality even exists, and what exactly are we all here to accomplish on this planet.

I have also been aware that all the understanding in the world is useless unless it is applied through your being. Information within the Mental body level will only keep you living within your head unless and until it is felt through the Heart point via the Emotional body level. “Feeling” is the path to Wisdom but in order to ground this Wisdom, the removal of all the blockages that were placed within the Heart point channel must all be removed first, as they block full entry.

That’s the difficult part and the crucial one. If blockages are not removed, they will keep you separate and in the dark, away from your Pure Essential Self which carries with It all of that precious Wisdom and Love that most people seek through channels outside of their being but can never find in this outer world because it must flow from within your center first, through your Heart point channel which then gets reflected back to you, as your outer world is a mirror reflection of your inner world.

And even when all of it has been felt, there still remains one more thing that needs to be allowed to happen, which must come from the human self’s perspective and that is; the human personality must be able to completely surrender itself to its inner, Divine Presence through this merging process that is happening within us. As long as it resists it, as long as it fears it on some level, and keeps the Heart point’s door closed, then Oneness can never be experienced, therefore ascending from this level into Higher Realms of existence can never occur.

I am still encountering some resistance from my human self to allow this process of surrendering to fully happen but at the same time, this is also a perfect timing thing, nothing can be forced. We can only keep chipping at the blockages, and eventually this invisible door which keeps both worlds in this illusionary separation between the human self and the Divine Self, will be fully allowed to open in order for Oneness to be experienced, where all the darkness of fear will dissolve into the Light of Love.

Following is something that flowed through me and helped my human self to refocus on what it is that it has been created to help accomplish here. Some might call these words a prayer, I call it “Surrendering”... it is an intimate communication from the human self’s perspective to its Divine Self, in trying to close the gap between them. I am sharing it here in the hope that it might help someone else who reads it, through their own healing process so that they too can experience Oneness in the future...

“Surrendering”

Please allow me to live in Your Light each moment,
 To feel Your Love fully enveloping me so that I can heal, feel safe, and be Loved,
 So that I can stop walking alone in this life, always living in fear inside.
 I want to feel the uninterrupted flow of Your Essence through me,
 Fully taking over my entire being, moving through me.
 I am here to serve why You created me physically.
 I am here to help You accomplish our purpose for being here on this planet.
 Please heal every cell in my body so that it can perform at its peak,
 Help me remove the blockages remaining, that keep sabotaging the progress made,
 So that the body is able to house the most Light & Love from Your Highest levels,
 So that the limited layers of darkness and fear can be dissolved once and for all.
 Make me an example of Your Beautiful Light and of Your Healing Love,
 So that others can fully feel Your Loving Presence through me,
 So that they can stop fearing You and keeping You separate in consciousness.
 Let me vibrate so High that others will be attracted to Your Light & Your Love,
 So that they can be comforted by Your Presence, nourished by Your Essence,
 So that they too can know that Oneness is meant for them as well.
 I have always followed Your inner guidance but always from a distance.
 Today I want to close this fear gap between us that kept us separated my entire life.
 I am ready to allow this merging to occur from within,
 I am ready to be grounded as One into this physical reality via this physical body.
 I am ready to face every suppressed issue that is left within me to be healed.
 I am ready to open up my Heart fully and keep It that way no matter what surfaces,
 So that we can at last, become One on all levels of our Being.
 Thank you for Your Infinite patience with me,
 For Your Infinite Wisdom,
 For Your Infinite Love...

Murielle

Here is an excerpt about surrendering from my book, “The Small Book Of Health”;
<http://benowpublishings.com/books-articles-written-by-murielle>

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You will need to surrender completely to your Higher Self. In other words, your human self must allow becoming ONE with Your Divine Self. There is no other way to completely close this gap that is between both worlds within you and outside of you. This merging has to occur in order for Pristine Health to be experienced. It cannot occur unless you surrender all of the controls, and let your Divine Self take over completely. If there is still a gap between the human self and the Divine Self, then it means that fear still exists inside, and is still causing limitations and separation within your being.

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Here are a few more excerpts from my book, “Remembering Your True Self”;
<http://benowpublishings.com/books-articles-written-by-murielle>

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Once this has been accomplished, once you have healed all those inner issues or blockages, then the Oneness that will be experienced from the inside out will be literally out of this world, to reach and be fulfilling from the depth of your soul, all the way to the physical, material levels of your life. But for such a Purified State of Being to become your reality, many levels of healing must first happen through the gradual surrendering of your humanity, fully entrusting this healing process into your Divinity’s care.

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Surrendering is the key; but Knowingness is the Power that is found behind that key,
because once you understand the deeper reasons why everything happens, then
acceptance comes more easily, surrendering to what is.



In Love & Light, Always...

Murielle